

## Woodfield FIPS

### PRINCIPAL MESSAGE

Dear Woodfield Parents & Caregivers,

As our students engaged in learning today about media and mental wellness, we hope to see many adults at our related event this evening, presented by our School Council. The parent and caregiver presentation will take place in the library on the top floor, beginning at 6:00 p.m. School aged children are welcome to come to Mme Brant’s room on the second floor where they will receive some wellness resources and tools. HASA will be selling snacks and drinks beginning at 5:30 p.m. Cash, credit card, and debit card will be accepted. For more information on our guest speaker and the event, please see the flyer on page 3 of this newsletter.

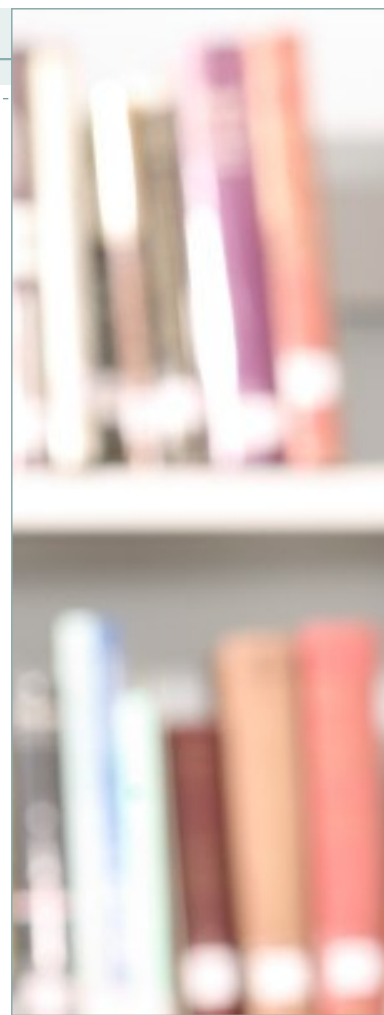
A reminder that tomorrow is a PA Day. There is no school for students on January 30, 2026.

February is a short yet busy month at Woodfield FIPS. Firstly, February is Black History Month. This year’s theme is: 30 Years of Black History Month: Honouring Black Brilliance Across Generations — From Nation Builders to Tomorrow’s Visionaries. We look forward to sharing with our school community how we are recognizing Black History Month at Woodfield FIPS through student learning and activities.

Next week popcorn and hot chocolate sales continue to support our Grade 8 students’ year-end trip to Quebec City. Popcorn will be sold daily at first break and low-sugar high-protein hot chocolate will be sold on Wednesday and Friday at second break. Both items cost \$2.00. Thank you for supporting the Grade 8 trip!

Our volleyball teams continue their seasons next week. The boys play Tuesday at University Heights and Thursday at Woodfield versus Trafalgar. The girls play Wednesday at St. George’s. All games begin at 4:00 p.m.

On Friday, February 6, HASA is hosting a movie night in the gym. The featured film is Ice Age. Please see page 4 for more details and to pre-order pizza.



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#### UPCOMING IN FEBRUARY

- Black History Month
- February 6: Movie Night
- February 10: Caring Fund Hot Dog Day
- February 13: Carnaval d’Hiver
- February 16: Family Day Holiday
- February 17: Boys Volleyball Playoffs
- February 18: Girls Volleyball Playoffs
- February 20: Kindergarten Communication of Learning/Gr. 1-8 Term 1 Report Cards Home
- February 25: Pink Shirt Day

## PRINCIPAL MESSAGE, CONTINUED

Every February, the Thames Valley District School Board (TVDSB) runs fundraising initiatives to support the Caring Fund. The Caring Fund supports TVDSB students and families who are experiencing unanticipated challenges. The initiative normally occurs on a Tuesday. This year, Woodfield FIPS is running a Hotdog Day on Tuesday, February 10. Hotdogs will be sold in advance through SchoolCash Online. Please see the poster on page 7 for more information. If you would like to order from a paper copy using cash or cheque, please contact the office at [woodfield@tvdsb.ca](mailto:woodfield@tvdsb.ca).

On Friday, February 13, we are pleased to host carnaval d'hiver, representing the annual event in Quebec City. Students will engage in fun, team building outdoor activities for one of our designated learning blocks (100 minutes). Students are encouraged to dress appropriately to spend extra time outdoors this day. Joyeux Carnaval!

Monday, February 16 is Family Day. The school and office are closed for this holiday.

Grade 1-8 report cards and kindergarten communication of learning reports will be issued on Friday, February 20 at dismissal. If you have a question about your child's report card, please contact their teacher.

Mme A. Parsons, Directrice/Principal



## FEBRUARY HASA & SCHOOL COUNCIL

The Home & School Association (HASA) will have their next meeting on Monday, February 2 from 6:00-7:00 p.m. in the library. Childcare is available for school age children, provided by our Grade 6-9 volunteers. To join virtually, please use this link: [February HASA Meeting](#)

The next School Council meeting is Wednesday, February 4 from 6:00-7:00 p.m. in the library. Childcare is available for school age children, provided by our Grade 6-9 volunteers. To join virtually, please use this link:

[February School Council Meeting](#)

ONLINE SAFETY



WELLNESS

Kaitlynn Mendes is a sociologist whose work sits at the intersection of media, education, and politics. Her talk will cover:



- What do we know about technology and social media for youth?
- What are some common harms?
- How do I prepare kids to use the phone safely?
- How to set boundaries around phone use
- How to talk to your kids about their phone use
- Important resources that you (and your kids) should know about
- Relevant laws

THURSDAY,  
JANUARY

29TH

6PM



Woodfield French  
Immersion Public School  
440 Princess Ave



DIGITALLY  
INFORMED  
YOUTH

Refreshments will be sold by HASA

HASA PRESENTS  
**WOODFIELD MOVIE  
NIGHT**

ENTRY BY  
DONATION OR  
NON  
PERISHABLE FOOD



**ICE AGE**

**FRIDAY, FEBRUARY 6 | 6-8PM**

PIZZA SERVICE STARTS AT 6PM | MOVIE STARTS AT 6:30PM

**CASH & CARD | SNACKS AND DRINKS AVAILABLE  
PRE ORDER PIZZA BEFORE FEBRUARY 5 AT**

[Woodfield Pizza for Movie Night](#)

**(LIMITED AMOUNT WILL BE AVAILABLE ON SITE)  
BRING CHAIR/ BLANKET**

## EQAO Webinars for Parents

The Education Quality and Accountability Office (EQAO) issues provincial standardized testing each spring for students in Grades 3 and 6 to determine if they are meeting curriculum expectations. There are upcoming parent webinar information sessions. Please see the details below and click on the links to register.

### [EQAO Math Session for Parents and Guardians of Junior Students](#) (Grades 4-6)

(February 3, 2026, at 12:00 p.m.) Join us for a free webinar about how EQAO assesses junior-division students' mathematics learning. EQAO staff will discuss questions from the mathematics component of the junior-division assessment. Participants will hear how these math questions help assess the skills students are learning in class. Staff will also highlight valuable insights and resources that can help parents and guardians support their child's learning.

### [EQAO Literacy Session for Families: Focus on Writing](#) (February 3, 2026, at 6:00 p.m.)

Join us for a free live webinar about how EQAO assesses students' writing skills at key stages of their education. EQAO staff will discuss writing prompts and questions from the reading components of the primary- (Grades 1-3)-and junior-division (Grades 4-6) assessments and from the OSSLT (Ontario Secondary School Literacy Test for Grade 10). Participants will hear how these prompts and questions help assess the skills students are learning in class. Staff will also highlight valuable insights and resources that can help parents and guardians support their child's learning.

**Woodfield HASA is excited to partner with Dough EV and Cafézia Coffee to bring you a delicious way to support Woodfield FIPS! Orders will be open from January 28 to February 8 and will be delivered directly to your child's classroom on Thursday, February 12. When you support this fundraiser, you can choose exactly what you'd like to order — donuts, coffee, or a combination of both! Available options include:**

- Half a dozen freshly made Dough EV donuts, with flavours of your choosing
- Premium Cafézia Coffee (340g), crafted to deliver smooth, focused energy

**Please click the link below to place an order:**

**[Coffee and Donut Order Page](#)**



HELP WOODFIELD RAISE MONEY FOR A 3D PRINTER!

# BOOK FAIR

We are looking for donations of used or gently used books to sell at our Book Fair (March 2026). All proceeds to go towards the purchase of a 3D printer for all students!



PLEASE BRING IN YOUR  
DONATIONS ANYTIME AFTER  
THE BREAK. FOR MORE  
INFORMATION EMAIL  
J.PRINCE@TVDSB.CA


Looking for all ages and genres and  
also French books!



# BULLYING PREVENTION UPDATE: SUPPORTING YOUTH MENTAL HEALTH DURING WINTER MONTHS

## Preparing for Change

It is normal for students, and their parents and caregivers to be both excited and nervous during the transition back to school after a 2 week break. *School Mental Health Ontario* offers tips on ways to support your child and how to notice and address stress related to the return to school.

Click Here 

[Tips for a Mentally Healthy Return to School](#)

## Tips to Support Test Stress

Preparing for exams can cause stress for kids. School Mental Health Ontario has some ideas for families and caregivers to help their kids manage test stress. Follow this link to access the tips in multiple languages:  
[SMHO Test Stress Support](#)

Click Here 

[CMHA Ontario Offers Tips to support mental wellness:](#)

### Tips:

- [Spend time in nature](#)
- [Get lots of sunlight](#)
- [Eat healthy](#)
- [Practice relaxation techniques](#)
- [Reach out for help](#)

## Pink Shirt Day

Wednesday February 25, 2026

### Be Bold About Being Kind...Kindness Starts Here

Making everyone feel like they belong in our community is important. When we use kind words and help each other, our community becomes a better place. Showing care and kindness can stop bullying and make sure everyone feels safe and happy.

### How can you help your child 'Be Bold about Being Kind'?

Help them learn to:

- Name feelings
- Care about how others feel
- Talk and listen well
- Work together
- Solve problems when there is a disagreement

## Winter Mental Health Links

[Healthy Return to School](#)

[SMHO Test Stress Support](#)

[Spend time in nature](#)

[Eat healthy](#)

[Practice relaxation techniques](#)

[Reach out for help](#)

## Woodfield's Hot Dog Day!

On Tuesday, February 10<sup>th</sup>, we are serving all-beef hot dogs during 2<sup>nd</sup> lunch!

Hot dogs are available by **PREORDER** only, purchase on SchoolCash Online for **\$3.00** by 1:00 p.m. Friday, February 6<sup>th</sup>.



**ALL PROCEEDS GO TO TVDSB'S CARING FUND, PROVIDING VITAL SUPPORT TO STUDENTS FACING FINANCIAL BARRIERS...  
'Spare Change Into Real Change!'**